

Table of Contents

Introduction	7
1. Methodological Aspects of Own Studies on Backpacking	11
1.1. Research approach	11
1.2. Conceptual assumptions	11
1.3. Method of sample selection	12
1.4. Description of the tool	14
1.5. Analysis scheme	15
2. European Tradition of Traveling	17
2.1. In the middle ages	17
2.2. In the modern times	20
2.3. Age of steam	32
2.4. The age of democratization of tourism	38
3. The History of Polish Tourism	41
3.1. The radical limitation of the Poles' civil liberties in the postwar period	42
3.2. A partial revival of foreign tourism in Poland in the 1970s	42
3.3. The introduction of martial law	44
3.4. Free travel after 2004s	47
4. The Postwar Tourists Generations	49
4.1. The new class of tourists	49
4.2. Impulsive tourism of Millennials and the Yay Me Generation	54
4.3. A typological ordering of the new class of tourists	55
4.4. From drifter to backpacker	57
5. Portrait of the Backpackers' Environment – Description on the Basis of Own Research	65
5.1. Social profile of the surveyed backpackers	65
6. Identity of Backpackers and its Features in the Light of Research	79
6.1. Constructing the role of a backpacker	79
6.2. Axionormative elements in the backpackers' identity narrative	81
6.3. Backpacking and significant elements of identity	82
6.4. Motivations and needs	93
6.5. Moment of initiation and time of entering the role of a backpacker	114
6.6. Traveling environment	119
6.7. Backpacking and other forms of tourism	121

7. Backpacking as a Style of Tourist travels	127
7.1. Analysis of backpacking travel directions and motives of their choice	129
7.2. Organization of backpacking travels	143
7.3. Costs and financing of backpacking travels	154
7.4. Meeting other backpackers while traveling	158
7.5. Leisure time during backpacking travels	160
Final conclusions	169
References	175
List of Tables	198
List of Figures	200